



Online Health Coaching
Wellness Consultation Agreement

**Health Coaching
Wellness Consultation Agreement**

Client Name:

Date of Birth:

Address:

City:

Province

Phone:

Work:

Email:

Dr. Sheila McKenzie, RDH, Ph.D., IMD, OM, Practitioner/ Doctorate in Integrative Medicine/Integrative Health Coach, agrees to provide coaching services for:

Client Name:

The coaching services will focus on the following topics/results for the client's wellness, outcomes, and goals: Identification of areas of concern and priorities

Mapping the path to wellness through taking a thorough medical, dental, social, ethnic, geographic, and nutritional history Outlining options to support the client's wellness choices and discussing priorities

Making referrals to other practitioners if required Coach-Client Relationship

- A.** The coach agrees to maintain the ethics and standards established by their certifying organization's code of ethics.
- B.** The client is solely responsible for their physical and emotional well-being, decisions, choices, actions, and results arising from the coaching relationship. The coach is not liable or responsible for any actions or inactions or any direct or indirect results of their guidance services. The client is responsible for seeking independent professional guidance as needed.
- C.** The client acknowledges that health coaching may involve different areas of their life and implementing the choices is their responsibility.
- D.** The client agrees to communicate honestly, be open to feedback, and fully participate in the program to enhance the coaching relationship.
- E.** Services: The coaching program will be conducted through various means, such as in-person, Internet, or telephone meetings. The coach will be available to the client via email and voicemail between meetings. The coach may be available for additional time at a prorated rate, as per the client's request.

Schedule and Fees: The service fee is due and payable before each follow-up consultation or option agreed upon by the client and coach. The coaching program is available as a 12-month, 6-month, 3-month membership package or a one-time consultation. The refund policy does not apply, as the client is solely responsible for the outcome of the guidance education.

Appointment Schedule: The client will initiate all scheduled appointments through an online portal or email request. The coach will notify the client before the scheduled appointment time.

Confidentiality:

The coaching relationship, including all information shared between the client and coach, is bound by the principles of confidentiality outlined in the coach's code of ethics and the Personal Information Protection and Electronic Documents Act (PIPEDA) of Canada. However, the coaching relationship is not legally confidential, and communications are not subject to the protection of any legally recognized privilege.

The coach agrees not to disclose any information without the client's written consent and will not provide the client's name or contact as a reference without permission. Confidential information does not include information already known to the coach, in the public domain, obtained from a third party, independently developed, or required by law or court order. The client is responsible for promptly raising any confidentiality questions or concerns with the coach.

Client Agrees

Client Refuses

The coach is free to share anonymously and hypothetically health topics with other health coaches and practitioners for training, supervision, mentoring, evaluation, professional development, and consultation purposes.

Cancellation Policy: The client is responsible for notifying the coach [] hours before the scheduled calls/ meetings. The coach reserves the right to bill the client for a missed appointment if proper notification is not given.

Termination of Services: Either party may terminate this agreement at any time with written notice. If the Coach terminates the agreement, the Client will be entitled to a pro-rata refund of any unearned fees. If the Client terminates the agreement, the Client will not be entitled to a refund of any fees paid.

Limitation of Liability: The Coach agrees to use reasonable care in providing the Coaching Services, but assumes no responsibility or liability for the outcome of the Coaching Services. The Client agrees to indemnify and hold the Coach harmless from any claim or suit arising out of the Coach's performance under this agreement.

Dispute Resolution: If a dispute arises under this agreement, the parties agree to engage in good faith negotiations to resolve the dispute. If the dispute cannot be resolved through negotiations, the parties agree to submit the dispute to mediation before taking any legal action.

Governing Law: This agreement shall be governed by and construed in accordance with the laws of the province of Ontario and the federal laws of Canada applicable therein.

Entire Agreement: This agreement constitutes the entire agreement between the parties and supersedes all prior negotiations, representations, and agreements between the parties. No amendments or modifications of this agreement will be binding unless in writing and signed by both parties.

Severability: If any provision of this agreement is found to be illegal or unenforceable, such provision shall be enforced to the maximum extent possible and the remaining provisions of this agreement shall remain in full force and effect.

Client's Signature

Date